

# COMMON PROBLEM #11:

## *Workplace Stress and Burnout is Rising Steadily*

**Situation:** Workplace stress seems to be rising steadily within your organization, directly impacting overall performance. You've tried the usual short-term fixes, but they're not working. Absenteeism is up and morale is declining. People complain more often even about little things. Yes, it's a busy work environment, but you can't figure out why stress levels are such a problem now compared to past years. *What can you do about it?*

**Turn to us.** Anselm Group knows that workplace stress is not simply a function of workloads. More often, it's the result of other problems rooted in individual and group dynamics, as well as specific leadership styles. We can help you uncover those problems using objective, reliable data. Then we'll work with your people on specific interventions that address the root causes of stress and burnout.

**To find out how,** we invite you to call Anselm Group today at (269) 353-1898 for a free initial consultation. Or e-mail us at [info@anselmgroup.com](mailto:info@anselmgroup.com). Welcome!

